

hello

• MARCH •

HERE'S OUR FRONT
COVER IN COLOUR!



HOLME | WINTHORPE | LANGFORD

WELCOME

Welcome to March's ONLINE edition of the Focal Point magazine. I hope you enjoy reading this issue. Make sure to check in every month for the next edition. **Thank you** for reading online. Please tell your friends, family, neighbours, pet fish or anyone who may be interested in staying up to date with Holme, Winthorpe and Langford.

QUICK UPDATES BEFORE YOU GET READING...

Apologies for the delay in publishing this month's edition (specifically the paper copies). I'm currently revising for March mocks, hence the delay. Thank you for your patience.

Thank you to all our advertisers, distributors, article writers and those sending in suggestions who continue to support our local magazine in these challenging times.

- Lizzie Wakefield - Editor

FOCAL POINT

ISSUE No. 482

Happy Mother's Day



NOTICES

Make sure to check out Winthorpe village's website to keep up with all the latest news, as well as Holme village's website (Not Secure)!

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- telephone - (Please leave a voicemail)



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March 2021 Edition



Hiya!

Exciting news that we've all been waiting to hear... the 21st of June is definitely a date to look forward to. Spring is quickly approaching and the sun is shining — things are looking up.

Recently, I've been using my online school breaks as gardening sessions as I've decided this is the year where I will finally succeed in gardening. I've sown many seeds and especially A LOT of chillis because I absolutely love them. Being outside is truly beautiful and gardening goes to a whole new level when my crazy cat decides to accompany me (but also slightly distract me). Just a quick heads up, this edition includes a few key dates for all of you gardeners and for those who love nature.

I cannot believe that this time last year I wrote my first Ed's comments and became the current editor of the Focal Point. All of you, that I've met, have been so incredibly kind, patient and generous with your time. All I can say is thank you. Speaking of which, you have all been very generous with your articles this month meaning this edition is 24 pages — wow!

WE NEED YOU!

If you are interested in **managing the VILLAGE SCRAPBOOK**, please contact Mrs Sally Sillery.

Okay and addressing the very early deadline for April's edition and the late publishing of March's edition... As you probably know, GCSEs and A Levels will be assessed by teachers and therefore March mocks are quite important. So, the deadline is much earlier this month as I am revising for these mocks. If I don't get back in touch with you in a few days, don't worry, I will probably have listened to voicemail or read your email but just haven't got to replying. I'm ever so grateful for all of your contributions, suggestions and feedback, so please do keep them coming. Have an amazing month, hopefully filled with sunshine and finally... HELLO SPRING!!! - Lizzie Wakefield (Editor)

DEADLINE

**FOR APRIL'S EDITION
MARCH 19TH 2021**



DEFIBRILLATOR LOCATIONS



Pauline has kindly suggested that the FP should include a table of defibrillator locations in the villages, so in case of an emergency, you all have easy access to knowing where the closest one is to you. So... here's a table of the current defibrillator locations. Please do tell your friends and family about these locations - Lizzie W (Ed)

WINTHORPE :	HOLME :	LANGFORD :
Right hand side of the external wall of the Village Hall (Gainsborough Road) CODE: CY543	Telephone Kiosk (Langford Lane Junction)	*Please let me know (Lizzie - Ed) if there are any other defibrillator locations that aren't on this table*
External wall of the Community Centre CODE: C159X		THANK YOU!



QUOTE OF THE MONTH



"All grief profoundly affects us, but this pandemic grief is so hard. Therefore, we need to support each other. We do this by following the guidelines. But we also do it by reaching out to each other with care and kindness."

Justin Welby and Stephen Cottrell, Archbishops of Canterbury and York, in an open letter to mark 100,000 deaths from Covid -19. 26th January 2021.

Thank you Revd. Mandy for sending in this month's quote! Unfortunately, a year has passed our first lockdown and this is a hard month for many. However, we are hopefully getting closer to a life with Covid-19 at a minimal (all because of our efforts as a whole community).



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During the Pandemic and lockdowns, the Medical Centre remains open for our core NHS services, sadly non-NHS services and non-essential, i.e. Health Checks, Minor Ops and Travel Advice are suspended. We are currently operating a telephone appointment service where we ask a clinician to call you. Please do not attend the surgery unless you are invited by a clinician to do so, as we are staggering appointments throughout the day and different zones of the building to work in a COVID safe way. Please post Repeat slips and mail in our external letter box. Thank you.

COVID vaccines are being administered centrally. Please respond to your invite when you receive it. Once you've had your vaccination continue to follow COVID guidelines, until the government advises that enough of us have been vaccinated to relax the guidelines.

Our communication with patients relies on current information. If your personal details change, including telephone numbers, please let the practice know. Thank you.

Out of Hours Service is provided from 111 when the surgery is closed.
Website: www.collinghammedicalcentre.co.uk



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email: collingham.pharmacy@nhs.net

WINTHORPE WITH LANGFORD PARISH COUNCIL



On Thursday 18th February 2021, the Parish Council held its monthly Parish Council meeting using the power of “Zoom” to comply with the Covid 19 social distancing regulations.

The Chairman was delighted to report that the damaged finger sign near the Lord Nelson has been renewed. The Council has also written to NSDC regarding the broken public footpath sign and has purchased an Oak tree for the village green to replace the old tree that was felled due to it being diseased.

The Parish Council discussed the Highways England (HE) A46 by-pass proposals at length. The Council have formally responded to HE raising their concerns over the proximity of the A46 at the Spinney end of the village and the A46/A1133 junction. I will keep you advised of developments on this matter.

The Chairman again raised the matter of the village scrapbook. Unfortunately, no one has come forward to take over its running. I would ask any villager who has some spare time to consider taking on the role. The Parish Council would give any interested party its full support.

The Parish Council are looking to renew the jubilee walk footpath in the spring /summer and remove many of the overhanging branches from the footpath.

As always, please contact me on the email below should you need any further information or assistance.

Mrs Sally Sillery – Parish Clerk

parishclerkatwinthorpe@outlook.com.



WE NEED YOU!

If you are interested in **managing the VILLAGE SCRAPBOOK**, please contact Mrs Sally Sillery.



NEWARK FOODBANK



Thank you, so much, to everyone who has contributed so generously this month to help others. The pandemic is still with us, working life is disrupted, schoolchildren are mostly still at home, the winter has been grim, but still some of you find time to think of others whose suffering is all year round. Just like I saw human beings at their best, kindest and caring when I went for my first Covid vaccination, so I am always cheered and grateful when Winthorpe residents think of others outside their immediate circle.

The items most needed by the Foodbank this month are: Tinned carrots, long life milk, chocolate biscuits and toothpaste.

Also, always needed, are:

Tinned items: all vegetables, fish, meat, curries, custard, rice pudding, fruit, sponge puddings, spaghetti, meat pies.

Other items: tea bags, microwavable sponge puddings, long life fruit juice, sugar, breakfast cereal, biscuits, pasta sauces, instant mashed potato, instant pasta packet meals, jam, vegetarian alternatives, laundry liquid/tablets, washing up liquid, hand wash, shower gel, shampoo, deodorant, toothbrushes, toilet rolls.

Please note that the Foodbank cannot accept out of date items, fresh food, or anything containing alcohol.

The collection points in Winthorpe remain:

The shop at the Lord Nelson, during shop hours.

The black swing bin at the side of my front door, 11 Gainsborough Road, Winthorpe, at any time at all. The bin is checked every day.

The church porch. At the moment, the church is open 10-12noon on Sundays, and 1.30-3.30pm on a Thursday. Items can be left at these times.

If anyone is interested in making a cash donation, the necessary bank details for Newark Foodbank are:

CAF Bank Ltd.

Sort code 40-52-40

Account no: 0002700

The most recent delivery of items to the Foodbank's warehouse, weighed in at **33.9kg**.

Once again, thank you!

Jane White



A46 NEWARK BYPASS PROPOSALS – UPDATE FROM ‘THINK AGAIN’-

Highways England produced two options for the A46 bypass of Newark in early December. Both options impacted Winthorpe. The period of consultation on these proposals finished on 2 February. The feedback from this consultation will be considered by Highways England over the next few months and a decision on the route will be made in September. This will generate another (this time statutory) consultation period. The Think Again group was formed by concerned, and in some cases, directly affected residents of Winthorpe who were keen to ensure that the impact generally on Winthorpe village and the surrounding area were properly considered. The group, whilst supportive of road improvements around Newark, felt that a coordinated response highlighting the consequences of the proposals would have maximum impact on the decision makers. We have been successful in putting the case across on local media such as BBC East Midlands, Nottingham Evening Post and Newark Advertiser. The next steps for the group is to continue to raise awareness of the impact of the proposal on Winthorpe and surrounding areas and to continue to lobby for political support from our local MP, Nottinghamshire County Council and Newark and Sherwood District Council to find less damaging alternative options with Highways England. Also, the group is looking at the best way to address the concerns with the consultation process and collating data on things like environmental impact. We are also examining what fundraising we may need to do going forward. For e-bulletin updates, please email us. The group's contact details are:

A46WinthorpeVillage@outlook.com

Facebook page: <https://www.facebook.com/ThinkAgainA46Newark>

Twitter: <https://twitter.com/ThinkAgainA46>

If anyone would be interested in being part of a group specifically focusing on the wildlife/trees/ general conservation angle, please get in touch.



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DID YOU KNOW?



When the village was under Danish control, in the 9th Century, it was called Wymphetorp.

The Lord Nelson public house was once called The Turk's Head. Along with The Dial House these 16th Century buildings are the oldest in Winthorpe.

Wynways and Mill Close are a pair of semi-detached houses built in 1893 by Mr. G. Pierce Duncombe, owner of Winthorpe Hall. Years later they became one house and now they are back to two houses. I will let you, the reader, find out where they are.

George Wilkinson, historian and Chairman on Newark Civic Trust, lived as a young boy in Bleach Houses. Demolished in 1940, these three cottages were alongside the A46 and the stream draining the airfield adjoining Mrs. M. Thornhill's fields.

When the present school opened in Sept 1971, the telephone line had not yet been installed. Until a line was put in good use was made, by the secretary, of the telephone box on Gainsborough Road.

The old school was next door to the present school, closed in July 1971, after serving the community well for 93 years.

The head teacher was Mr. Allan Smith (1936-2016) from 1967-1977.

Hargon Lane, Gainsborough Road and Chapel Lane were originally named Hykeham Lane, Main Street and Town Street.

The Grove, now occupied by Mrs. M. Thornhill, was built just before the end of the eighteenth century by Roger Pocklington, owner of Winthorpe Hall, as a wedding gift for his son, also called Roger. The house may have been designed by the same architect who finished Winthorpe Hall because they appear similar in style.

The decorative brickwork design on Grange Cottage, Gainsborough Road is a Flemish Bond. This is a method of laying bricks so that alternate headers and stretchers appear on each course on the face of the wall.

Pat Finn.





VILLAGE SCRAPBOOK REFLECTIONS — 100 YEARS AGO



In the last edition of Focal Point, mention was made of the Village Scrapbooks, now in the care of the Parish Council. Among the many interesting items in the Scrapbooks is a contribution written by Miss K E Euston, (Kitty) in 1971, (50 years ago) about her memories of Winthorpe as a child. Kitty lived past the church, down the hill, where the road is now a dead end. She was born in 1914 and lived all her life in Winthorpe. As we are now 100 years on from the time she writes about, it seems a good time to re-publish an extract from the article written by her:

"In summer time, when the sun always seemed to shine, we would set off for long walks. These were always on Sunday evenings. My father, sister and I would walk on well-worn paths across fields, through woods, by the river or stream, generally about seven or eight miles.

We loved to go to the Carr Farm Woods. The great Shire and Suffolk horses stood at the gates, towering above us as we walked through them. Our first stop was the keeper's gibbet at the first wood. There, on a long line, stretched between two trees were remains of magpies, jays, crows, jackdaws, kestrels and sparrowhawks, stoats and weasels. The vivid blue of the jays' wings stood out among the battered corpses. My father wore some of these feathers in his trilby, as did most of the men of the village.

Along the wood side, in the long grass, meadow blues and browns, the black and red of the cinnabar moths, the white ermine moths and others, of many hues, rose from the grass as we walked along. Yellowhammers sang in the hedges and larks soared high in the blue.

Often we would go through the fields to Coddington and return by Drove Lane. In the fields behind "Two Mile House" in front of the plantation on the hill, foxes played with their cubs, and the green foliage on the trees hid the enormous rookery, with its nests deserted in midsummer.

There were three rookeries in Winthorpe, one down Holme Lane in the elms which are now felled, a second in the Ash Plantation (near Kitty's home), and a third rookery in the grounds of the Grange in the enormous elms along the road-side. This one was so large that it overflowed into the Hall grounds opposite, and the last nests were in the trees near the Village Hall. Sometimes there were as many as twenty nests in one tree.

Each year we watched for the return of the rooks in February. Having spent the winter in their roost among the conifers of the Dukeries, each adult pair would return to their old nesting site and sit in the pale winter sunshine. The old people used to say they were listening to the creaks and groans of the tree. If the rooks deserted a tree, it invariably blew down in the next gale. In late February, nests were repaired, young birds chose new sites. There was quarrelling in the treetops, but eventually we heard the faint cawing of the young birds. Soon they were too big for the nest, and they sat on nearby branches testing their wings. Then rook shooting began. The real sportsmen shot only two birds from each nest. Rook pie was delicious! The tender breasts surrounded by thick jelly under short piecrust.



Once the young birds could fly, the rookeries were deserted by day as the birds were feeding on the fields, but when autumn had gone, each evening began their flight to their winter roosts. Regularly at 3.30pm flocks of a hundred or more rooks would fly towards the Dukeries, each flock keeping to a regular route. On rough days when they could not fly directly into the north or north west wind, they circled spirally to gain height, finally gliding down from above the strong air currents.

The arrival of redwings and fieldfares in winter was a sure sign of snow. One year, possibly 1928 or 9, we had much snow, and hundreds of redwings arrived exhausted from the north. One particular morning we found about 200 dead in the village. The fieldfares thrived on the rotten apples we threw out from the apple storerooms. The bramblings came to our bird tables.

Finally, Spring came. The snowdrops and violets appeared in the hedgerows and the celandines in the woods. We listened for the cuckoo and watched for the first swallow. My father recorded the dates (usually towards the end of April) on the doorpost of one greenhouse.

Then in May came flycatchers, chiffchaffs and whitethroats. The blue tit nested in the garden pump, the long tailed tit built its nest of cobwebs, moss and lichen in the shrubbery, goldfinches nested in the pear trees. A kingfisher nested in the gravel pit in the Hall grounds, while by the Fleet, we knew where to find mallard, coot, moorhen and snipe. Red squirrels frequented the trees, scattering husks of beech nuts or acorns on to the paths. In Spring we could watch the same red squirrels sitting on the sycamore tree across the road, scattering the outer green scale leaves of the buds on to the road below as they sought for the juicy green leaves in the heart of the bud.

At night, as we lay in bed, we could recognise the voices of barn owl, tawny owl or little owl, and often the double bark of the fox, and on hot summer nights the nightingale broke the silence."



Reproduced from Village Scrapbook Vol. 1.

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MARCH'S RECIPE -MOTHER'S DAY-



Breakfast in bed is always a tradition in our house for Mother's Day. Why not this year level up breakfast to an almost brunch theme? So here we have it ... breakfast tacos. I absolutely love tacos, especially with some avocado. But for breakfast, why not! This is definitely something we will try to include in our ultimate breakfast in bed platter. If you're vegetarian, you can always omit the chorizo and replace it with some tofu or another meat-free alternative. Let me know if you tried this recipe and feel free to suggest any recipes for next month.

- Lizzie W (Ed)



BREAKFAST TACOS:

Link from Olive Magazine: <https://www.olivemagazine.com/recipes/meat-and-poultry/breakfast-tacos/>

METHOD:

- 1) Toss the red onion with the vinegar and sugar. Leave for 20 minutes until pink and softened.
- 2) Cook the spring onions, garlic and chilli flakes with 1 tbsp of oil until softened. Add the beans and stir. Put aside
- 3) Cook the chorizo with 2 tbsp of oil, stirring, for 3-4 minutes until the oil is red and the chorizo crisps up a little. Keep warm.
- 4) Melt the butter in a small pan then add the beaten eggs and stir until scrambled.
- 5) To assemble, reheat the beans, then divide between the tortillas. Divide the eggs between them, then spoon over the chorizo and some of the oil. Top with the avocado, red chilli and drained pickled onions.

INGREDIENTS:

- 1 red onion (halved & thinly sliced)
- 5 tbsp red wine vinegar
- 2 tsp caster sugar
- 3 tbsp olive oil
- 4 spring onions (chopped)
- 1 clove of garlic (crushed)
- 400g tin black beans (drained)
- 12 mini cooking chorizos (slices)
- A knob of butter
- 4 eggs beaten
- 6 small corn tortillas (warmed)
- 1 avocado (diced + tossed in lime juice)
- 1 red chilli or chilli flakes

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The Lord Nelson
At Winthorpe



LORD NELSON



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Greetings from your local!

This month we look forward to you ordering from a variety of menus - Friday Chip Shop menu, £5 children's menu, £4 dessert menu, Mothers Day Afternoon Tea (available on Friday 12th, Saturday 13th and Sunday 14th March), Mothers Day lunch menu, Sunday Lunch menu and a St Patrick's Day menu.

Our talented local Artisans have some beautiful gifts for Mothers Day on display, so do pop into the shop and take a peak and admire their talents. We have some new products in the Shop, we now offer a Free From range of biscuits and cakes as well as our 'Gift From Winthorpe' a small new range of fudge and sweets now available to buy, they make an ideal gift to pop in the post to a friend.

The Winthorpe pebble snake is beginning to grow - we are aiming for 300 stones! Please join in the fun, if you need a pebble please ask us. Beaumont House have asked for our help in selling raffle tickets to help with their fundraising activities, hurry as the draw is at the end of March.

During the national lockdown we will continue to open the pub shop at 9am and will close each Sunday, Monday and Tuesday at 4pm. Wednesday, Thursday, Friday and Saturday we close at 7pm.

Don't forget to use the Post Office services between 9am and Noon each Thursday.

THANK YOU for your continued support.

Susie & Emma xx

Light bites

Homemade chicken liver pate £5.00
served with fresh salad, tomato chutney and brown toast

Fig and goats cheese filo parcels £4.50 (v)
served with homemade red onion marmalade and fresh salad

Smoked salmon beetroot gravlax £5.00
filled with salmon mousse served with melba toast

Mains

Mascarpone and provencale tomato tart £8.00 (v)
served with new potatoes and fresh salad

Duck fried rice £10.00
with confit duck leg and plum sauce

Roasted belly pork £8.50
served with lyonnaise potatoes and a blue cheese sauce

Trio of sausages £8.00
served with creamy mashed potatoes and a rich onion gravy

Pan fried sea bass £10.00
served with green vegetables, lemon and garlic potatoes and a lemon butter sauce

Mushroom risotto £9.00 (v)
topped with parmesan cheese

Battered fish and chips £8.50
served with minty peas

Cauliflower and potato curry £8.50 (v)
Add chicken or prawns for £1.00
served basmati rice, mango chutney and naan bread

Double beef burger £10.00 (veggie available)
topped with burger relish, lettuce, tomato and onion served with fries and coleslaw

All desserts are £4.00 - please check what's on offer when ordering!

UPDATE ON THE PPG & VACCINATION ROLLOUT

The PPG (Patient Participation Group) has been working in the background receiving and disseminating information during this lockdown, however CMC (Collingham Medical Centre) is very much in the front line in battling this pandemic. The PPG continues to be a great source of feedback and support to CMC.

The GP practice continues to support by telephone ensuring that all calls are returned the same day with patients receiving advice and / or a health care plan. We ask patients to continue being mindful; only attending the medical centre by appointment. Please leave letters, repeat requests and any other queries in the Medical Centre letterbox outside the main entrance.

The Pharmacy is working to reduce queues by reorganising behind the scenes to help locate your prescription much quicker across 3 dispensaries. Between 14000 and 15000 medicines are dispensed every 4 weeks.

Please help us to help you by trying to visit the Pharmacy at a quieter time; 8.45-10am and after 4pm and allowing the full 4 working days to ensure your prescription is ready and waiting for you.

If you have an acute prescription issued by telephone that day please come after 4pm to collect it if possible.

The Covid Vaccination Campaign is well underway with the Newark Showground site running really well. Nottinghamshire is currently ahead of the rest of the country in progressing through the priority cohorts. The mass vaccination sites protect the primary care for you at CMC.

All vaccines administered are uploaded onto your patient record overnight.

The following figures were correct as of 7 February for our registered patients.

Cohort	Collingham	Primary Care Network	Regional Average
Over 80's	94%	92%	87%
75-79	91%	94%	89%
70-74	62%	57%	60%
Care Homes	100%		
Housebound	83%		

CMC has supported the Nottinghamshire Roving Team during January and February to administer first doses to our elderly residential and housebound patients. Second doses will be scheduled shortly.

The NHS message remains the same... please wait to be contacted, letters are constantly being posted.

UPDATE ON THE PPG & VACCINATION ROLLOUT

CMC is supporting a Pop Up & Mop Up Clinic; a one off opportunity to reach the 500 or so patients from the above cohorts who have not yet taken up the vaccine.

We are fortunate to have a mass vaccination centre on our doorstep and as the remaining cohorts are younger and generally more mobile it is not envisaged to run further clinics at CMC other than one for the second doses for those having received the first dose at CMC.

On the CMC website there is a NHS England tool to find your 10 digit NHS number:

<https://www.nhs.uk/nhs-services/online-services/find-nhs-number/>



THANK YOU!

I would like to say a big thank you to all of you who sent cards, messages and comforting words after my dear sister's (Arlene) passing. She used to come to visit me in the village and in the Lord Nelson. Thank you for thinking of me.- Norma Breed



REST IN Peace

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LUNCH CLUB 2021

(OPEN TO ANYONE IN THE VILLAGE)



The **March Lunch Club** will be a **Takeaway** from the **Lord Nelson Pub on Monday, March 8th**

The menu is as follows:



Bangers and Mash

Or

Lasagne with Garlic Bread



This Photo by



Lemon Tart

or Ice Cream



This Photo by Un-

£12.50 with delivery from **12.30p.m.**
onwards

This Photo

If you would like to order a meal please ring me on the number below and then ring the Pub to pay directly to them. Thank you.
Tish Applewhite (643763)



100 CLUB

- February's Winners -



1st	£46.20	Mike Casterton
2nd	£23.10	Val Preston
3rd	£7.70	Margaret Stewart

Congratulations to our winners in February! You could also be a winner whilst supporting your local community centre by contributing £2 per month. Information available from Nina Adams at ninjab71@gmail.com

COLLINGHAM RAMBLERS WALKS

Sadly , due to the National Lockdown regulations issued by The Government all Ramblers Association organised walks are now suspended . However , we hope that you will follow Government guidelines and continue to exercise locally on a daily basis , enjoying self-guided walks in the Collingham / Winthorpe area as long as we are safe , considerate and responsible . Please avoid busy areas where physical distancing may be difficult and always follow the Countryside Code . Getting out in the fresh air to explore our locality is excellent for our physical and mental well-being . The countryside is changing on a daily basis and springtime is surely on its way .We hope that in the not-too-distant future we shall be able to meet up again and continue our planned programme of walks .



NEW WALKERS ALWAYS WELCOME .

When we can walk again as a group , please come along and join this friendly group. Dates and locations will be advertised in this magazine .



If you would like to join us on any of these walks please contact **NINA WARD** on collinghamramblersnottswalks@gmail.com for more information and specific walk details .

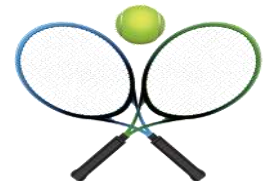
We provide an excellent variety of walks in Nottinghamshire and adjacent counties .Walkers should provide snacks , drinks and packed lunches if appropriate .Suitable footwear and waterproofs are necessary .

COACHING AND PLAY AT NEWARK TENNIS CLUB IN 2021

Unfortunately, due to the national lockdown, all tennis venues are now closed until further notice. Therefore, the programme of Coaching and Play at Newark Tennis Club is suspended for the time being. We hope it will not be too long before we are able to resume all of our activities for adults and juniours. Full details will be advertised in this magazine in due course.

Nina Ward.

General club information and membership details can be found
on www.newarktennisclub.co.uk





(SUSTAINABLE) FASHION TRENDS!



Fast fashion is the biggest polluter in the world after the oil industry. Polyester is one of the most common fabrics and is essentially a plastic, the manufacturing of which uses millions of barrels of oil as it is a synthetic petroleum based fibre. It is double the carbon footprint of cotton and non biodegradable. Every time it is washed it sheds fibres into the water supply!

Gone are the days of retailers providing seasonable collections, many shoppers now expect our favourite fashion retailers to provide a constant supply of new items which mean increasing amounts of unsold stock can end up in landfill.

COVID 19 prompted a **shift in consumer behaviour during 2020** and lots of good things have happened as a result, especially when it comes to sustainable fashion!

In a movement away from polyester we are seeing all the more **clothes made from natural plant fibres** which are sustainable as can be grown and be harvested repeatedly. They are also biodegradable and so kinder to your skin and can mean clothes last longer and keep in shape when cared for. These include linens, hemp and organic cotton - look out for brands using GOTS-certified textiles (global organic textile standard).

Many people are now expecting and demanding more from brands and it looks likely that these conscious shoppers will keep pushing brands to produce more eco-friendly and responsible clothing. You could be one of these people!

We are giving more thought to who we buy from and motivated to support **brands that are doing good for people, the planet, and animals.**

Larger fashion brands have launched 'sustainable' or 'conscious' lines, or make bold commitments to reduce their impacts and lots of new sustainable brands are popping up, with small and independent labels taking up more space than ever. Keep an eye out for these!

Brands will be under even more scrutiny and will need to go beyond surface-level claims to dig down and address critical issues. Consumers no longer think it is acceptable for brands to implement one or two sustainability initiatives, they will need to take a more holistic approach to stay relevant.

The growth in **online shopping** in 2020 is expected to continue however consumers also felt the need to **Shop locally and support their communities** whether in person or online as many local business' pivoted their strategy to include on line which will benefit them in the future. There is mixed evidence whether online shopping is more eco-friendly. It may mean that we see more independent fashion shops making shopping a more exciting and interesting social experience.



There's no shame in **rewearing clothes**, and **2021 is on track to be the year we finally normalise it!** Despite the stigma, reusing the clothes that are already in our wardrobes is normal, it's healthy, and it's also more ethical *and* more sustainable!

Many working from home and using the likes of Zoom and Teams for meetings may well have worn leggings all week long, only altering work tops for the camera, cutting down on washing and ironing. **"Minimalism" and "Enoughism"** is on the rise – with people looking to have fewer better quality items that can be mixed and matched as outfits for different types of occasion!

Clearing out your wardrobe to charity or gift to others can feel very therapeutic and allows you to see what clothes you have. Another big trend that is gaining momentum is **reselling, this was already set to double in size and** with people all the more worried about the planet, as well as their finances, it's likely they will turn to their **local second hand shops or resale websites.** Retailers will also be jumping on the resale bandwagon: many already offering second hand and vintage selections or will take your clothing items and update them.

Find out more.....

Good On You is a free phone App that rates fashion brands for their sustainability and ethical credentials.

Suggestion from one of last months readers:

South Clifton Refill Station – a community organization that provides ethical and sustainable products. You can refill from bulk containers minimizing waste! Find them on Facebook (booking required during lockdown).

- Julia



good on you®



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SEEDS OF HOPE - SPRING IS HERE!



With spring just around the corner I thought it would be nice to write a little bit about the great outdoors, in-particular nature and gardening. For those who don't know me I'm Amanda and I live in Winthorpe. I have worked as a gardener and taught gardening to vulnerable adults for many years. A friend and I are in the process of setting up a community garden in Nottinghamshire where people will be able to come along for some beneficial garden therapy. These things take time so for now I thought would share the love of the great outdoors.



Seeds of hope.

There are a few things that go without saying this year! I'm going to say it anyway. January and February have been really difficult for many people and it's not hard to see why.

My friend and I found that we were spending hours scrolling through the internet and social media looking for inspiration and answers. Funnily enough the answer didn't come from there but from the postman when seed catalogues started dropping through our doors in January. These catalogues somehow give hope of the new season to come, and our families raise their eyebrows as we study their contents as if they were some high-end fashion offering. The difference is a packet of seeds is only a couple of pounds so no need to feel guilty about buying and there are usually many more than you can use yourself so you can share the love!

We collaborated by phone to check who needed what, and this grew into a list of seeds that we could order and share. There is nothing more hopeful than growing plants for the summer, sharing them with friends and family and the sense of achievement it brings when they flourish. Our imaginations went wild as we chatted about those long hot summer days to come surrounded by all the plants, flowers and vegetables lovingly brought into life by us! We had spent a whole day 'offline' looking up and forward to what is to come and not the here and now.

Once February arrives, there is a slight sense of relief, and as the shortest month, on the odd sunny day, Spring really does seem that it might be just around the corner. The winter sleep seems to be about to break and things are stirring under the ground waiting to emerge.

There are a few things you can do to help you get through the next few weeks, before the growing season really begins, whether it's watching the wildlife that cheekily visits your garden from the comfort of your armchair or starting your seeds on a sunny windowsill, chillis, tomatoes and herbs can be started indoors or in a heated greenhouse if your lucky enough to have one, this will ensure early cropping.



If you're not into growing and you are out for your daily exercise spend some time just looking and listening; look up high and you may see some beautiful nodding catkins and the buds on the hedges expanding each day or closer to the ground the spring bulbs emerging and the yellow gems that are the daffodils heralding that Spring has arrived. It really makes your heart sing to see new life emerging after these dark days and let's be honest we all need a reason to look forward.



Amanda Ramsay



RSPB Langford Lowfields

– March News 2021



It's been another busy month here at Langford, however for the majority of it, the reserve has been closed due to flooding. The river Trent overtopped its flood banks on Friday 22nd January and the site was completely filled up by the next day. Flooding events like this have traditionally happened on average every 10 years, but this is now the second winter in a row where we have flooded, following the floods of February 2020. So far, we don't think there is much damage – a short section of fence has been knocked over in the north east corner of the site and some banking has been washed away on the western boundary, but other than that, there is just a bit of a clean up operation to do. This will keep the volunteers busy for the next couple of weeks!

As a result of the flooding and the site being closed, there is unfortunately not much wildlife news to report. However Joe, the Site Manager and I did do the monthly Wetland Bird Survey on the 16th February and had the highest ever counts of Wigeon, Goldeneye and Pintail that we have ever recorded on site. Other birds of note on the count were Peregrine and Grey Wagtail. We have also seen a Bittern recently, flying from the Phase 1 reedbed into the silt lagoon reedbeds – the only bit of reed left showing in the flood.

The volunteers have been busy in the last month in the woodlands around the site. We have continued on with clearing the invasive sycamore from the main woodland, pulling up saplings and felling larger trees. The sycamore, if left, can take over the woodland floor, meaning there is no space and light for more desirable woodland plants. We have also been thinning the small block of woodland at the end of the car park field. This block consists of mainly Ash and Scot's Pine and we have thinned out the canopy to let more light into the woodland floor and to give the remaining trees space to thrive. The plan with this block of woodland is to let it regenerate naturally.



MAKE AN EASTER GARDEN



On Good Friday we usually have a service in church called the Last Hour at the Cross, but this year we're trying something new to celebrate Easter.

Everyone, young and young at heart, is invited to make an Easter Garden in a plate, bowl or tray. For ideas and help, search for "making an Easter garden" in Google, or on YouTube search for "Amanda Cartwright Easter Eve", and then let your imagination take over!

Read the Easter Story below and try to include as many parts of the story as you can. Bring your garden along to the church on **Good Friday, 2nd April, for 2pm**, and place it along the sides of the path.

At 2pm we'll read the Easter Story outside the church, we might sing a hymn, and, if the Covid restrictions allow, we might even be able to go into church for a Holy Communion service. We'll have to wait and see!

We decided not to make it into a competition, but everyone who brings an Easter Garden will get a little Easter treat.



Here's the Easter Story:

(Remember to include as many parts of it as you can in your Easter Garden.)

On a Friday morning, Jesus was taken to a hill where he was nailed to a cross. There were three crosses on that hill, because Jesus was crucified between two other men. While he was dying, soldiers gambled for his clothing by playing a game with dice. His mother Mary and his friend John stayed close by him and watched while he died.

When Jesus had died, he was taken down from the cross and wrapped in a sheet. He was buried in a tomb in a garden and a big stone was rolled across the entrance to the tomb. Soldiers were put on guard outside the tomb.

On the Sunday morning, women went to the tomb, to wash Jesus and get his body ready to be buried properly. They saw an angel roll the big stone away and sit on top of it. The angel told them that Jesus had been raised back to life.

Jesus' friends Peter and John ran to the tomb and looked in but all they could see was the sheet that Jesus had been wrapped in.

Jesus' friend Mary stayed in the garden and she was crying. She heard someone call her name but didn't recognise him at first. It was Jesus and he told Mary to tell all his friends that he was alive.



MARCH REFLECTIONS



Dear Friends,

In March, we welcome Spring with all its promise of longer and warmer days, and this year March takes us very close to Easter. Traditionally we prepare for Easter during Lent and Passiontide, a time for focusing on difficult aspects of life as we follow Jesus' journey to the cross with its many trials, temptations, difficult decisions, fears, sadness, isolation and loss.

I don't know about you, but I feel as though I've lived through a very long Passiontide, in fact it feels like it's been about a year long, because it was just before Mothering Sunday 2020 that our nation went into its first lockdown when church buildings were closed and all our lives were changed completely.

Life has been a bit varied over the year as we've moved in and out of lockdowns and tiers, the opening and closing of different shops and hairdressers, churches sometimes open for worship with occasional small choirs allowed and a brief interlude of eating out to help out, but on the whole I think I've gone through trials, temptations, difficult decisions, fears, sadness, isolation and loss and really, I've had an easier year than most people. How about you?

So what can we do about this extended, yearlong Passiontide? Well, it's probably good to be honest about how hard it is. We can certainly use it to think about what's really important to us and how to honour the memory of those we've lost. We can face up to any selfish temptations and learn how to make decisions which will help other people, our community and our beautiful earth. We can learn again how to pray, to invite God's help, wisdom and direction into our lives.

And we can learn to look for all the small resurrections, all the signs of new life and hope along the way, to celebrate every act of friendship, kindness and good humour.

At the time of writing, I don't know when this long Passiontide will end and I don't know how we'll be celebrating Easter in church, but I do know this; celebrate, we will, because as day follows night, new life follows death, Easter day follows Good Friday and life and love always has the last word.

May the God of hope fill you with all joy and peace as you trust in him.

God bless you,

Revd Mandy.





ALL SAINTS WINTHORPE CHURCH NOTICES



Here we are two weeks into Lent with no live church services to talk about just virtual ones (which are great, I must add!) Vaccinations in full flow at the Showground - what a well organised operation. Well done and thank you to the NHS!

We lost one of our past church servants in February. Ann Stone sadly passed away. Her funeral was in church and she is now reunited with Alan again. Ann spent many years working tirelessly for church in so many ways- as Secretary of the PCC she took on so many roles and with Alan made sure church was a most welcoming place to come to. Our thoughts are with Julie and the rest of Ann's family.

March will still see Private Prayer instead of any Services as we are not sure what the Government guidelines might be by then.

As you will see earlier in FP we are hoping villagers will make an **Easter Garden** which can be displayed on the path outside church before The Final Hour at the Cross Service which we are hoping to hold in some way whether inside or outside the church. Do have a go at a garden, it would be lovely to see the path bordered by plate/tray/bowl upon plate/tray/bowl!!

I hope by the time I write the April notes that we are looking forward to many more opportunities to actually meet up with each other again.

Please remember in your prayers any villager who is ill, hospitalised or facing a bereavement at this time.

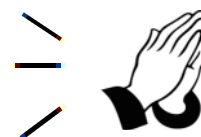
Tish Applewhite
Churchwarden (643763)



DIGITAL / E-COPY OF THE MAGAZINE

Just in case your paper copy gets lost, chewed up by the dog, falls down the sideboard or you simply want friends/ family outside of the villages to see it, the Focal Point will always be there! And guess what... it's in COLOUR! Make sure to go to the Winthorpe Village website at <https://www.winthorpe.org.uk> > Media > Village Magazine > Current & Back Issues > Select An Edition > Voila, you are there!

Church open times for Private Prayer at All Saints, Winthorpe during MARCH 2021



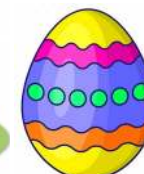
Thursday 4th	Private Prayer	1.30p.m. – 3.30p.m.
Thursday 11th	Private Prayer	1.30p.m. – 3.30p.m.
Sunday 14th	Private Prayer (Heated)	10a.m. – 12 noon
Thursday 18th	Private Prayer	1.30p.m. – 3.30p.m.
Sunday 21st	Private Prayer (Heated)	10a.m. – 12 noon
Thursday 25th	Private Prayer	1.30 – 3.30p.m.
Sunday 28th	Private Prayer (Heated)	10a.m. – 12 noon

*** Flower Ladies for Easter****

Please bring your Easter display after the Service on Good Friday, April 2nd from 3.20p.m. Thank you so much.

***Please look out in this month's FP for

details of our Easter Garden Competition ***





Please let me know about any events happening in the three villages, I would love to put them in the calendar (Ed)

Monday	1st	Silver Bin	
Monday	1st	St. David's Day!	
Mon	1st-7th	British Pie Week	
Thursday	4th	World Book Day!	
Monday	8th	International Women's Day!	
Monday	8th	Green & Brown Bin	
Sunday	14th	Mothering Sunday / Mother's Day!	
Monday	15th	Silver Bin	
Mon	15th - 21st	Compost Week	
Wednesday	17th	St. Patrick's Day!	
Thursday	18th	Global Recycling Day!	
Wednesday	19th	Comic Relief/ Red Nose Day!	
Wednesday	20th	Spring Equinox (First Day of Spring)	
Monday	22nd	Green & Brown Bin	
Monday	22nd	World Water Day!	
Monday	29th	Silver Bin	



SUPPORT BUSINESSES



We need YOUR support! Many businesses (especially local businesses in the community) rely on your vital support to continue their services. Share the community spirit and help local businesses!

NB BIN COLLECTIONS IN HOLME VILLAGE ON FRIDAYS

Village organisations and local bodies – if at any time you would like to get in touch with a village contact, why not try the village website

www.winthorpe.org.uk

BYE FOR NOW!

Thanks for stopping by! I hope that you check in online next month. Let me know (Lizzie, your FP Editor) if you have any suggestions for future editions . And don't forget to tell others about the online copies, especially if they want to see it in COLOUR!

BUT BEFORE YOU GO...

Let your fellow village friends and family know that there is an online edition available on Winthorpe village's website.

- Lizzie Wakefield (Ed)